



Common Views and Myths about Bullying

A PEATC
Bullying Prevention and
Awareness Brief
for Virginia's Parents

WHAT IS BULLYING?

Bullying is characterized by aggression used within a relationship where the aggressor(s) has more real or perceived power than the target. Bullying can involve overt physical behavior or verbal, emotional, or social behaviors.

Cyber bullying can include offensive text messages or e-mails, rumors or embarrassing photos posted on social networking sites, or fake online profiles.

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Bullyology

Characteristics of Teens Who Bully and Who Are Targeted

Assignment*:

Review each term and decide if it belongs to a person who bullies or a person targeted by bullying.

Place an X in either the "Person Who Bullies" or "Target of Bullying" column.

*Answer key on pages 3-5.

Terminology	The "Translation"	Person Who Bullies	Target of Bullying
Aggressivus exhibitus	Acts Aggressive		
Conflictus Avoidus	Avoids Conflict		
Upsetius Reactus	Becomes Upset		
Readus Skills Socialium	Reads Social Skills		
Deservus Bullius	Thinks Others Have it Coming		
Pushius Overus	Easily Pushed Around		
Attentionius Seekus	Wants Attention		
Feelingus Lackingus	Seems Heartless		
Shyius Quietium	Shy, Quiet or Withdrawn		
Speciallis Believeum	Thinks He/She is All That		
Friendus Lackus	Has Few Friends		
Markus Easius	Looks Weak		
Coolium Popularis	Seems cool or popular		
Powerius Controlium	Has power and control		
Worrius Nervosum	Feels Nervous, Worried		
Self Esteemius Lackus	Thinks He/She Deserves What Happens		

