



Down syndrome

A PEATC
Do You Know
Factsheet for Virginia's
Parents

Down syndrome remains the most common chromosomal condition diagnosed in the United States.

Each year, about 6,000 babies born in the United States have Down syndrome.

This means that Down syndrome occurs in about 1 out of every 700 babies.

Content source: Division of Birth Defects and Developmental Disabilities, NCBDDD, Centers for Disease Control and Prevention

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Springfield, VA 22151
800-869-6782 / 703-923-0010
www.peatc.org

Online Resources and Information Sheet on Down syndrome

According to the *National Institute of Child Health and Human Development*, Down syndrome is a condition in which a person is born with an extra copy of chromosome 21. People with Down syndrome can have physical disabilities, as well as intellectual disabilities. Every person born with Down syndrome is different.

People with the syndrome may also have other health issues. They may be born with heart disease. They may have dementia. They may have hearing problems and problems with the intestines, eyes, thyroid, and skeleton.

The chance of having a baby with Down syndrome increases as a woman gets older. Down syndrome cannot be cured but early treatment programs can help improve skills. They may include speech, physical, occupational, and/or educational therapy. With support and treatment, many people with Down syndrome live happy, productive lives.

SOURCE: NIH - National Institute of Child Health and Human Development

GENERAL INFORMATION

A medical overview of Down Syndrome from the National Institutes of Health (NIH) / MedlinePlus

<http://www.nlm.nih.gov/medlineplus/downsyndrome.html>

A parent-friendly overview from KidsHealth

http://kidshealth.org/parent/medical/genetic/down_syndrome.html

ONLINE RESOURCES

“Spread the Word to End the Word” at the R-word Website

<http://www.r-word.org/>

Inspirational videos of Best Buddies International's people and programs

<http://www.youtube.com/user/bestbuddies>

Inspirational eBook about individuals in the Down Syndrome community

I'm Down with You: An Inspired Journey by Jagatjoti Khalsa & Darren Setter

<https://itunes.apple.com/us/book/im-down-with-you/id804051980?mt=11>

ORGANIZATIONS RELATED TO DOWN SYNDROME

Research, support, and disability-specific resources for individuals and families

<p>Association for Children with Down Syndrome, Inc. 516-933-4700 info@acds.org http://www.acds.org</p>	<p>March of Dimes Birth Defects Foundation 914-997-4488 / 888-663-4637 Askus@marchofdimes.org http://www.marchofdimes.org</p>
<p>Best Buddies Virginia 703-533-9420 capitolregion@bestbuddies.org http://www.bestbuddiesvirginia.org/</p>	<p>Medical Home Portal 801-587-9978 mindy.tueller@utah.edu http://www.medicalhomeportal.org</p>
<p>Birth Defect Research for Children, Inc. 407-895-0802 staff@birthdefects.org http://www.birthdefects.org</p>	<p>National Down Syndrome Congress 770-604-9500 / 800-232-6372 info@ndscenter.org http://www.ndscenter.org</p>
<p>Child Neurology Foundation 952-846-7942 jstone@childneurologyfoundation.org http://www.childneurologyfoundation.org</p>	<p>National Down Syndrome Society 800-221-4602 info@ndss.org http://www.ndss.org/</p>
<p>LuMind Foundation (formerly Down Syndrome Research and Treatment Foundation) 508.630.2177 LuMind@LuMindfoundation.org http://www.lumindrds.org</p>	<p>New Horizons Un-Limited, Inc. 414-299-0124 horizons@new-horizons.org http://www.new-horizons.org</p>
<p>Genetic and Rare Diseases (GARD) Information Center 301-251-4925 / 888-205-2311 http://rarediseases.info.nih.gov/GARD/</p>	<p>NIH/National Institute of Child Health and Human Development 800-370-2943 NICHDInformationResourceCenter@mail.nih.gov http://www.nichd.nih.gov/</p>
<p>International Mosaic Down Syndrome Association 888-637-5465 brandy@imdsa.org http://www.imdsa.org/</p>	<p>PHP - Parents Helping Parents, Inc. 408-727-5775 / 866-747-4040 info@php.com http://www.php.com</p>
<p>National Organization of Rare Disorders 202-588-5700 http://www.raredisorders.org</p>	<p>The Arc of Virginia 804-649-8481 thearcofva@thearcofva.org http://www.thearcofva.org/</p>



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