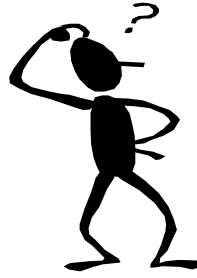


Interests



What jobs have you liked?

What courses in school have you liked?

What chores or activities do you like to do at home?

What do you like to do with your friends?

What do you like to do in your free time?

Strengths



What can you do well at a job?

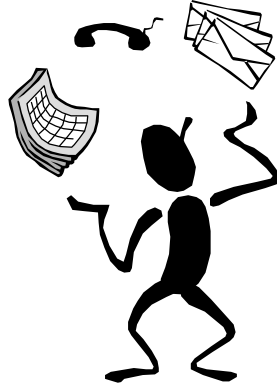
What courses in school did you do best in?

What can you do well around the house?

What makes you a good friend?

What hobbies or fun things are you good at or enjoy?

Experiences



What jobs have you had?

What are your jobs/chores at home?

What sort of things have you done with friends?

Things I need to do



What do you want to do in the future?

Job:

More School:

Home:

Friends:

Free Time:

What do you need to do to reach your goals listed above?

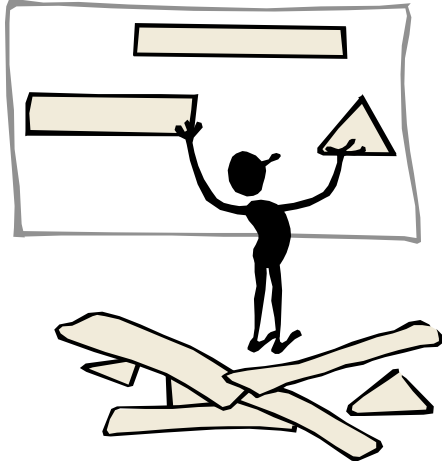
Work:

More School:

Home:

Friends:

Free Time:



Let's get to work!

FUTURE JOB.....

What is your dream job? What goals do you have for a job in the future?

List your goals here...

✓

✓

✓

What do you need to do to get your dream job?

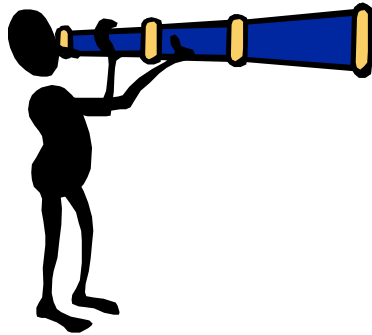
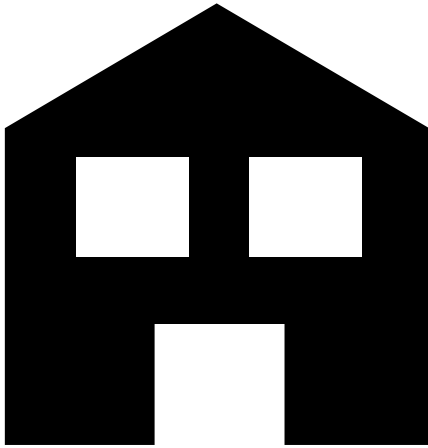
✓

✓

✓

✓

Formal supports or informal supports that can help with a future job	Who to call/ What to do to get supports that will help me	Phone number/address of contact
1.		
2.		
3.		
4.		
5.		
6.		
7.		
8.		



Where am I going to live?

FUTURE LIVING OPTIONS.....

Where and how do you want to live? What goals do you have for future living arrangements?

List your goals here...

✓

✓

What do you need to do to reach these goals?

✓

✓

✓

✓

Future Living Options

Formal supports or informal supports that can help with future living options	Who to call/What to do to get supports that will help me with future living options	Phone number/address of contact
1.		
2.		
3.		
4.		
5.		

“A friend in need, is a friend indeed.”



FUTURE FRIENDS.....

What goals do you have for friendships in the future?

List your goals here...

✓

✓

What do you need to do to reach these goals?

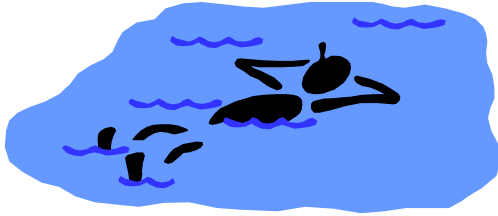
✓

✓

✓

List some formal and informal supports that can help with friendships	Who to call or what to do to get supports that will help me with friendships	Phone number/address of contact
1.		
2.		
3.		
4.		
5.		

**Ahhh...This is
the life!**



FUTURE FUN.....

What dreams do you have for future fun?

List your goals here...

✓

✓

✓

What do you need to do to reach your “fun” goals?

✓

✓

✓

✓

Formal and informal supports that can help with fun and recreation	Who to call/What to do to get supports that will help me with fun and recreation	Phone number and/or address of contact