

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|---|--|---|--|--|--|--|
| <p>1</p>  | <p>2</p> <p>WINTER BREAK LAST DAY Do you have everything ready for back to school?</p>  | <p>3</p> <p>Welcome back to school for students and staff! We have five and a half more months of exciting teaching and learning this year.</p> | <p>4</p> <p>Does anyone in your family have a birthday this month?</p>  <p>Garnet is the January Birth Stone</p> | <p>5</p> <p>January is a National Eye Care Month. Have your child's vision checked.</p>  | <p>6</p> <p>BEAN AND SEED DAY Find many craft projects using a variety of seeds and beans. A very fun medium to work with</p>  | <p>7</p> <p>BUILD A SNOWMAN Have fun in family</p>  |
| <p>8</p> <p>BUBBLE BATH DAY For kids, it's simple.... Just fill the tub with bubbles and toys. Then hop in and play!</p>  | <p>9</p> <p>NATIONAL STATIC ELECTRICITY DAY Look for ideas for your science project, help your children to develop the project for the school's science fair.</p> | <p>10</p> <p>Play a game of "Simon Says" and see how well your child can follow directions</p>  | <p>11</p> <p>NATIONAL MILK DAY Discuss where milk comes from, drink a glass of milk.</p>  | <p>12</p> <p>Check out your school's newsletter or website to find out about upcoming activities and events</p>  | <p>13</p> <p>Make Your Dreams Come True Day If you do not dream, you cannot have passion. Ask your child about his/her dreams.</p> | <p>14</p> <p>Help a neighbor with a Home Improvement project, talk with your children about the importance of help and support your neighbors.</p> |
| <p>15</p> <p>COOKING TOGETHER Let your child plan a meal, then work together to prepare it.</p>  | <p>16</p> <p>Martin Luther King, Jr. Day Talk to your child about the role Dr. King played in History</p>  | <p>17</p> <p>Do you know what the PTA activities in your school are for this month?</p>  | <p>18</p> <p>GO TO SCHOOL AND HAVE LUNCH WITH YOUR CHILD ONCE A MONTH</p>  | <p>19</p> <p>NATIONAL POPCORN DAY Make and eat popcorn. Pretend you are at the movies! Jump around and pretend you are popcorn kernels popping. Talk about the texture and taste of popcorn</p> | <p>20</p> <p>Has your child been doing homework each day? If so congratulate him or her.</p>  | <p>21</p> <p>NATIONAL HUGGING DAY Give your child a hug and let your child hug you.</p>  |
| <p>22</p> <p>HAVE A MUSIC NIGHT Each person sings or plays a recording of a favorite song</p>  | <p>23</p> <p>PRAISE YOUR CHILD FOR TRYING SOMETHING NEW</p>  | <p>24</p> <p>ASK YOUR CHILD'S TEACHER WHAT YOU CAN DO AT HOME TO HELP YOUR CHILD DO BETTER AT SCHOOL</p> | <p>25</p> <p>HAVE YOUR CHILD READ ALOUD TO YOU EVERY NIGHT OR READ ALOUD TO YOUR CHILD AND TALK ABOUT IT</p>  | <p>26</p> <p>THINK OF WAYS YOUR FAMILY CAN PRODUCE TRASH AND HELP PROTECT THE ENVIRONMENT</p>  | <p>27</p> <p>CHOCOLATE CAKE DAY Try different recipes, cook with your child and have fun eating chocolate.</p>  | <p>28</p> <p>FAMILY WORK OUT DAY Go with your children to a park and play ball, walk, run or swing.</p>  |
| <p>29</p> <p>NATIONAL PUZZLE DAY Work a puzzle together</p>  | <p>30</p> <p>VOLUNTEER Ask, "What can I do that would be of help to you?" Let the teacher know how much time you have available. She'll appreciate your effort to reach out.</p> | <p>31</p> <p>HAVE A FAMILY MATH NIGHT. Plan on 30 minutes. Ask your child's teacher for games to practice math</p>  | <p>Visit www.pirc.peatc.org for more parent involvement info.</p> |  |  | <p>To schedule a training or workshop call (800) 869-6782 (toll free).</p> |