
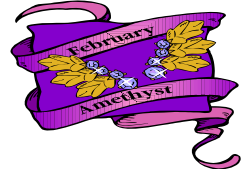















Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Visit www.peatc.org for more parent involvement info.</p>			<p>1 NATIONAL FREEDOM DAY Celebrate with your family freedom from slavery, and recognize that America is a symbol of freedom</p> 	<p>2 GROUNDHOG'S DAY If Candlemas be fair and bright, Winter has another flight. If Candlemas brings clouds and rain, Winter will not come again. Talk with your kids about this American Tradition</p> 	<p>3 GO TO SCHOOL AND HAVE LUNCH WITH YOUR CHILD ONCE A MONTH</p> 	<p>4 February Birth stone</p> 
<p>5 NATIONAL WEATHERMAN'S DAY</p> 	<p>6 Do you know what the PTA activities in your school are for this month?</p> <p>VIRGINIA PTA everychild.one voice.™</p>	<p>7 Wave All Your Fingers at Your Neighbor Day Today is the perfect opportunity to greet your neighbor with a big wave. But, to show your respect and appreciation on this very important day, you must wave with all of your fingers!</p>	<p>8 BOY SCOUT DAY Celebrates the birthday of Scouting in America</p> 	<p>9 ASK YOUR CHILD SPECIFIC QUESTIONS ABOUT WHAT HE DOES EACH DAY AT SCHOOL AND HOW YOU CAN HELP.</p>	<p>10 UMBRELLA DAY Celebrate Umbrella Day in a couple of ways. First, make sure your umbrella is handy. Second, use it, or walk around with it</p> 	<p>11 MAKE A FRIEND DAY Make a Friend Day is a great opportunity to meet someone new, or do something to make a new friend. Making a new friend can be easier to do than you think. There are lot ways to make new friends. It often helps by smiling and just being friendly or helpful.</p>
<p>12 Abraham Lincoln's Birthday President Abraham Lincoln, the 16th President of the United States. Was born in Hardin County, Kentucky on February 12, 1809</p> 	<p>13 TEACH YOUR CHILD A SONG YOU SANG AS A KID</p> 	<p>14 VALENTINE'S DAY Celebrate this day making a card with your children for your family and best friends</p> 	<p>15 HAVE A FAMILY MATH NIGHT. Plan on 30 minutes. Ask your child's teacher for games to practice math</p> 	<p>16 WALK OR TAKE YOUR CHILD TO SCHOOL</p> 	<p>17 Huddle up with your child this weekend and say I am proud of you because _____</p> 	<p>18 THROW A BALL TO EACH OTHER AND COUNT HOW MANY TIMES YOU CAN CATCH THE BALL WITHOUT DRPPING IT</p> 
<p>19 USING A BOX, MAKE A BOAT WITH YOUR CHILD. COLOR OR DECORATE THEIRS TO LOOK LIKE A REAL BOAT. PRETEND TO SAIL TO A SPECIAL PLACE.</p> 	<p>20 PRESIDENT'S DAY President's Day is a day set aside to honor all of the U.S. presidents.</p> 	<p>21 ASK YOUR CHILD'S TEACHER WHAT YOU CAN DO AT HOME TO HELP YOUR CHILD DO BETTER AT SCHOOL</p> 	<p>22 Has your child been doing homework each day? If so congratulate him or her.</p> 	<p>23 HAVE A FAMILY READING NIGHT. PLAN ON 30 MINUTES You read. Then let the child "read" to you with the pictures. Lots of praise. Your child will be learning to love reading.</p>	<p>24 NATIONAL TORTILLA CHIP DAY Celebrate National Tortilla Chip Day with a handful of crunchy, tasty corn chips and your favorite salsa or dip</p>	<p>25 VOLUNTEER Ask, "What can I do that would be of help to you?" Let the teacher know how much time you have available. She'll appreciate your effort to reach out. Ask your PTA also how you can help</p> <p>VIRGINIA PTA everychild.one voice.™</p>
<p>26 GO TO THE PARK To make this different you might want to try a new park for a change. Take a drive and explore a new park. Bring healthy</p>	<p>27 POLAR BEAR DAY</p> 	<p>28 Check out your school's newsletter or website to find out about upcoming activities and events</p> 	<p>29 LEAP DAY EVERY FOUR YEARS</p> 	<p>To schedule a training or workshop call (800) 869-6782 (toll free).</p>		