
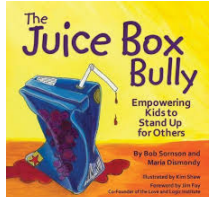

















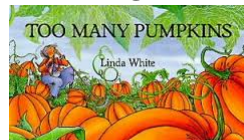



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	<p>October 8th</p> <p>National Stop Bullying Day</p>		<p>1</p> <p>It's BAT Appreciation Month! Go out at dusk & see if you see any!</p> 	<p>2</p> <p>Take your time being a parent. There are no shortcuts.</p> 	<p>3</p> <p>Medicine cabinet check! Is there anything your child can reach he shouldn't? Do you have bandages, ice packs & fever reducer? Check expiration dates.</p>	<p>4</p> <p>National Taco Day! Put out goodies to top your own TACO!</p> 
<p>5</p> <p>Make something PUMPKIN for breakfast</p> <p>http://www.yummly.com/recipes/pumpkin-breakfast</p>	<p>6</p> <p>National noodle Day! Make a PASTA Dish & each person adds his touches.</p> 	<p>7</p> <p>Think about what you have given your child when he leaves his childhood.</p> 	<p>8</p> <p>Find an age-appropriate book to read with your child about bullying.</p> <p>https://www.k12.wa.us/safetycenter/BullyingHarassment/WorkGroup/RecommendedBooks.pdf</p>	<p>9</p> <p>Review this list of PLAYGROUND safety</p> <p>http://www.playgroundsafety.org/sites/default/files/Kid%20Checkerform.pdf</p>	<p>10</p> <p>Take time to read this story. A parent can make such difference.</p> <p>http://bullying1te.wordpress.com/category/personal-bullying-stories/</p>	<p>11</p> <p>Decorate for FALL; small pumpkins on the table or fun placemats</p> 
<p>12</p> <p>Make a Calm Down Jar So soothing when words don't work.</p> <p>familiesponge.com/parenting/artkids-calm-down-jar/</p>	<p>13</p> <p>Sit down with the Calm Down Jar yourself for a few minutes.</p> 	<p>14</p> <p>Show your child a picture of a sad child. Why is she sad?</p> 	<p>15</p> <p>Global Hand Washing Day!</p> <p>Talk to your child</p> 	<p>16</p> <p>WORLD Food Day! Let your child see you contribute to local Food Bank, if you can. Talk about appreciating our food.</p>	<p>17</p> <p>Six Parent "Must Dos":</p> <ol style="list-style-type: none"> Love Support Teach Discipline Watch Wonder 	<p>18</p> <p>PUMPKIN PATCH TRIP</p> <p>Take Pictures!</p> 
<p>19</p> <p>Take a walk together. Talk about the changes you see for FALL.</p> 	<p>20</p> <p>Monday Mood Night Ask your child what moods he felt today & why.</p> 	<p>21</p> <p>Cool days are coming! Check to see if your child needs new socks or boots for rainy days</p> 	<p>22</p> <p>Share some Candy Corn after dinner, just for fun!</p> 	<p>23</p> <p>Clean out your child's back with him. Have him pull things out himself. It teaches him responsibility & grants him privacy.</p>	<p>24</p> <p>United Nations Day Sit down & look at a map or globe together.</p> 	<p>25</p> <p>International Artists Day! Do a project together</p> <p>http://www.redtedart.com/2013/09/03/art-projects-for-kids-great-artists/</p>
<p>26</p> <p>Help your child make a fun picture with leaves. Be sure to display it!</p> 	<p>27</p> <p>Read up on Halloween safety tips</p> <p>http://childcare.about.com/od/childsafet1/a/rickortreat.htm</p>	<p>28</p> <p>Have your child put his costume on & check the fit. Do you have a flashlight? You have time to get anything he needs!</p>	<p>29</p> <p>Look at the stars together before bed. Have her make a wish!</p> 	<p>30</p> <p>Read her a Fall book tonight.</p> 	<p>31</p> <p>Whatever you do, know where your child is tonight.</p> 	<p>Show me the bullies</p> 