

















SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>The <b>2<sup>nd</sup></b> is <b>COLORING</b> Book Day! Have fun <b>COLORING</b> with your child</p>	<p><b>3</b> <b>National Watermelon Day</b> Bring some home &amp; have fun spitting the seeds. It's okay sometimes!</p>	<p><b>4</b> Go <b>backpack</b> shopping if your child needs a new one!</p> 	<p><b>5</b> Talk to your child: It is important to stand up for himself but he should also stand up for others.</p>	<p><b>6</b> It should be <b>TACO</b> Night <a href="http://www.cookinglight.com/food/everyday-menus/healthy-meals-for-kids/healthy-soft-chicken-tacos-recipes">http://www.cookinglight.com/food/everyday-menus/healthy-meals-for-kids/healthy-soft-chicken-tacos-recipes</a></p>	<p><b>7</b> <b>Drive or walk by your child's school with him. Keeping it familiar to him will help him be comfortable.</b></p>	<p><b>1/8</b> <b>National Parents Day</b> (On the 1<sup>st</sup>) Share stories &amp; pictures of <b>YOUR</b> parents with your child. Call them if you can.</p>
<p><b>9</b> <b>Book Lovers Day</b> Ask your child, if he were a book, what would he be? A funny book, one about friendship or about animals?</p>	<p><b>10</b> What <b>FIVE</b> things does your child want to do in school this year?</p> 	<p><b>11</b> Have your child help you clean out his toys; throw away broken ones!</p> 	<p><b>12</b> <b>When your child pushes you away, give him space, but don't leave.</b></p> 	<p><b>13</b> <b>Left Handers Day</b> Have your child brush her teeth or brush her hair with her "other" hand! How does it feel?</p>	<p><b>14</b> <b>National Creamsicle Day</b> Have one together after dinner!</p> 	<p><b>15</b> It's time to shop for school supplies! Make it fun &amp; have lunch or a special snack after you shop!</p> 
<p><b>16</b> <b>National Tell a Joke Day</b> It is good for your Child to Make you laugh.</p> 	<p><b>17</b> <b>If you can, donate school supplies for your local "Back to School" drive. It is a good lesson for your child!</b></p>	<p><b>18</b> Does your child know <b>WHO</b> is &amp; is not allowed to pick her up from school?</p>	<p><b>19</b> Does your child have library books to return?</p> 	<p><b>20</b> <b>National Lemonade Day</b></p>  <p><a href="http://allrecipes.com/recipe/best-lemonade-ever/">http://allrecipes.com/recipe/best-lemonade-ever/</a></p>	<p><b>21</b> How is your child feeling about school starting? If he is <b>Nervous</b>, let him tell you.</p>	<p><b>22</b> <b>Here is a great checklist for parents!</b> <a href="http://checklistables.com/back-school-checklist-kids-mental-health-issues/">http://checklistables.com/back-school-checklist-kids-mental-health-issues/</a></p>
<p><b>23</b> <b>You're off to great places. Today is your day. Your mountain is waiting, so get on your way!</b> Dr. Seuss</p>	<p><b>24</b> <b>Surprise your child with something that will make him feel special.</b></p>	<p><b>25</b> Read <b>The Kissing Hand</b> by Audrey Penn with your child. It is a sweet story about a little raccoon feeling anxious about separation.</p>	<p><b>26</b> <b>National DOG Day</b> With your child, buy dog food or treats &amp; take it to your local animal rescue shelter</p>	<p><b>27</b> Make <b>SMOOTHIES</b> with summer fruit! <a href="http://www.superhealthykids.com/recipe-category/smoothies/">http://www.superhealthykids.com/recipe-category/smoothies/</a></p>	<p><b>28</b> Show your child to try to find joy in each day.</p> 	<p><b>29</b> Plan after school snacks with your child.</p> 
<p><b>30</b> Have a <b>GOOD BYE TO SUMMER</b> Dinner Talk about fun things your family did.</p> 	<p><b>31</b> <b>National Trail Mix Day</b> <a href="http://www.food.com/recipe/kiddos-favorite-trail-mix-100185">http://www.food.com/recipe/kiddos-favorite-trail-mix-100185</a></p> 	<p><b>COLORING</b> on the 2<sup>nd</sup> <b>COLORING BOOK</b></p> 	<p><b>School supplies on 15<sup>th</sup> &amp; 17<sup>th</sup></b></p> 	<p><b>Great Reading the 25<sup>th</sup></b></p> 	<p><b>The 27<sup>th</sup> will taste Good!</b></p> 	<p><b>Snack Ideas For the 29<sup>th</sup></b> <a href="http://www.marthastewart.com/275204/after-school-snacks/@center/277005/back-school">http://www.marthastewart.com/275204/after-school-snacks/@center/277005/back-school</a></p>



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