

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	<p>YOU KNOW MY NAME, NOT MY STORY. YOU'VE HEARD WHAT I'VE DONE, NOT WHAT I'VE BEEN THROUGH. IF YOU WERE IN MY SHOES, YOU'D FALL THE FIRST STEP.</p>	<p>October 3rd</p>	<p>October 10th</p>	<p>1 This month focus is on bullying; pick up tips for talking to your child. http://www.pacer.org/bullying/nbpam/</p>	<p>2 World SMILE Day Tell your child, You never know who might be falling in love with her SMILE</p>	<p>3 Read a special story about bullying. Lead With Your Heart tells about an adopted Pit Bull who is judged by a neighbor to be a bully and the child who speaks up for him.</p>
<p>4 National TACO Day Fun family dinner! http://foodwithkidappreciation.com/taco-night-a-healthy-kid-pleaser/</p>	<p>5 Explain to your child what it means to “walk in someone else’s shoes”.</p>	<p>6 Do you know how much sleep your child should be getting? http://kidshealth.org/parent/general/sleep/sleep.html</p>	<p>7 Top your own Baked Potato Night. Have healthy, colorful toppings ready.</p>	<p>8 National Poetry Day Write a poem with your child. Make it fun or follow your child’s lead. Have him draw pictures to match!</p>	<p>9 For an older child look for a book like Confessions of a Former Bully. It is told from the view of the bully.</p>	<p>10 Check your area for Trick or Treat alternatives. http://business.amherst.vachamber.com/events/details/trunk-or-treat-with-virginia-select-auto-1108</p>
<p>11 Tomorrow is “Free Thought Day”. Bullying isn’t just Pushing or calling names. It can be telling someone what or how to think.</p>	<p>12 National Free Thought Day! Tell your child NO ONE can tell him what To THINK! His mind is his own!</p>	<p>13 Don’t forget to visit a PUMPKIN Patch!</p>	<p>14 National Stop Bullying Day Being kind is more Important than being right. Kindness will get your child further than bullying.</p>	<p>15 National GROUCH Day What would your Child do to make a GROUCH Happy?</p>	<p>16 Take a walk after school. Gather pretty leaves for an activity tomorrow.</p>	<p>17 Pick a project to use the leaves you gathered yesterday. http://www.123homeschool4me.com/2013/08/36-leaf-crafts-kids-activities-for-fall.html</p>
<p>18 Take your child to a farmers market while it is still open!</p>	<p>19 Talk about three things your child sees different outside because it is Fall.</p>	<p>20 Ask your child what makes him happy.</p>	<p>21 Take a moment to look at your child. <i>She is the most wonderful thing you have made.</i></p>	<p>22 Ask your child what makes him angry.</p>	<p>23 Carve or paint a pumpkin & have your child give it a name.</p>	<p>24 National Make A Difference Day! If your child could change one thing in his world, what would it be?</p>
<p>25 International ARTISTS Day! A box of crayons is the best cure for boredom. Do you need new ones?</p>	<p>26 Have your child draw what is on her mind!</p>	<p>27</p>	<p>28 Ask your child what he thinks a bully is.</p>	<p>29 National Cat Day What would your child like about being a cat?</p>	<p>30 National Candy Corn Day Have some for dessert. A few pieces are a great treat.</p>	<p>31 Halloween Review safety tips. Make this day safe and fun. http://www.safekids.org/tip/halloween-safety-tips</p>



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