

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>10/10 February</p> <p>Sundays are "dad" activity days</p>	<p>1</p> <p>National Serpent Day Fun facts about snakes! http://www.nationaldaycalendar.com/national-serpent-day-february-1/</p>	<p>2</p> <p>Did he see his shadow? What does it mean?</p>  <p>Groundhog Day</p>	<p>3</p> <p>Research Spring camps & programs. http://pilotonline.com/news/local/special-needs-summer-camps/article_2d72ad3c-e59e-5490-9ee9-f5f9825c53bb.html</p>	<p>4</p> <p>Homemade Soup Day Use fun shaped pasta http://www.lifewiththecrustcutoff.com/25-kid-friendly-soups/2</p>	<p>5</p> <p>National Weatherperson's Day Watch the weather report together. What is the weather around the country?</p> 	<p>6</p> <p>School supply & backpack check time. Does he need tissues, sanitizer, crayons or paper?</p>
<p>7</p> <p>Send a Card to a Friend Day! Help your child write a card for neighbor or relative whose day would be better if he received one.</p>	<p>8</p> <p>National Kite Flying Day. It may be cold but make "pretend" kites from construction paper & decorate.</p> 	<p>9</p> <p>National Pizza Day It's fun & easy to make your own. Have toppings for each family member to top his own pizza!</p>	<p>10</p> <p>Your child's path of discovery will not be a straight line</p>	<p>11</p> <p>National Inventor's Day Ask your child to think of a new school supply or something that would make his backpack better</p>	<p>12</p> <p>Another source for those Spring camps: http://www.bestspecialneedsamps.com/best-virginia-special-needs-camps.html</p>	<p>13</p> <p>Make a fun Winter craft together http://handsonaswegrow.com/28-winter-crafts-kids/</p>
<p>14</p> <p>Valentine's Day Cut hearts out of construction paper; One for each family member. Each person writes something nice on each one. Share them at dinner.</p>	<p>15</p> <p>Camp K-9 by Mary Rodman warmly tells your child about camp</p> 	<p>16</p> <p>Grocery shopping can be fun & educational. http://www.simplebite.net/grocery-shopping-with-kids/</p>	<p>17</p> <p>Random Acts of Kindness day Talk about what it Means to be kind. Isn't that how you would want someone to describe your child?</p>	<p>18</p> <p>Does your child qualify for "extended school year"? (ESY) Now is the time to talk with your child's school.</p>	<p>19</p> <p>Have your child help you write a grocery list</p> <ul style="list-style-type: none">  Apples  Bananas  Grapes  Strawberries  Blueberries  Corn  Cucumbers  Potatoes  Onions  Bread 	<p>20</p> <p>Love Your Pet Day Pets bring joy & comfort to our lives. Explain to your child the importance of being kind to animals.</p>
<p>21</p> <p>Take a walk with your child. What does he see now that is different from summer?</p> 	<p>22</p> <p>Read about your child's zodiac sign with him. http://www.futurescopes.com/children-by-zodiac-sign</p> 	<p>23</p> <p>It's winter but have juice pops for dessert.</p> 	<p>24</p> <p>Plantzilla by Jerdine Nolen uses camp experience to charmingly teach children about bullying, friendship & self-confidence.</p>	<p>25</p> <p>National Chili Day http://foodlets.com/2013/09/23/finally-a-chili-recipe-my-kids-will-eat/ Make it fun for the family</p>	<p>26</p> <p>Look at family photos from summer</p> 	<p>27</p> <p>If you live in Northern Virginia do you know about Clemjontri Park? Other parks for special children: http://www.accessibleplayground.net/united-states/virginia/?doing</p>
<p>28</p> <p>Pack your child's backpack with her. Make sure she has what coat and accessories for this week's weather.</p> 	<p>29</p> <p>It's Leap Day! Ask your child what he will be like in 4 years.</p> 	<p>1st</p> <p>Snakes (& Serpents) are important to the world!</p> 	<p>3rd & 12th</p>  <p>Time to think camp!</p>	<p>16th</p> 	<p>20th</p> 	<p>24th</p> 



The contents of this fact sheet were developed under a grant from the U.S Department of Education, #H328M140013, in collaboration with the Virginia Department of Education. However, those contents do not necessarily represent the policy of the US Department of Education, and you should not assume endorsement by the Federal Government. Project Officer, Julia Martin Eile.

