

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p><b><u>Sundays are activities &amp; thoughts for dads</u></b></p>		<p style="text-align: center;"><b>1</b></p> <p style="text-align: center;"><b>National Horse Protection Day</b> Horses are big but they still need protection.</p>	<p style="text-align: center;"><b>2</b></p> <p style="text-align: center;"><b>Dr. Seuss Day</b> Read a Dr. Seuss book together.</p>	<p style="text-align: center;"><b>3</b></p> <p style="text-align: center;">Make someone smile</p>	<p style="text-align: center;"><b>4</b></p> <p style="text-align: center;">A child needs to feel safe to explore his world, as a child should.</p>	<p style="text-align: center;"><b>5</b></p> <p style="text-align: center;">Talk with your child about parking lot safety.</p>
<p style="text-align: center;"><b>6</b></p> <p style="text-align: center;">As a dad, what can you do to make your child's world feel safer?</p>	<p style="text-align: center;"><b>7</b></p> <p style="text-align: center;">Read about <b>Child Safety</b>. Review tips &amp; give your child the <b>Safety Quiz</b>. <a href="https://www.yoursafechild.com/tips/child-safety-quiz.html">https://www.yoursafechild.com/tips/child-safety-quiz.html</a></p>	<p style="text-align: center;"><b>8</b></p> <p style="text-align: center;">National Pancake Day Make fun pancakes for breakfast.</p>	<p style="text-align: center;"><b>9</b></p> <p style="text-align: center;">Do you know Virginia's safety seat laws and guidelines? <a href="https://www.dmv.virginia.gov/safety/#programs/car-seats/index.html">https://www.dmv.virginia.gov/safety/#programs/car-seats/index.html</a></p>	<p style="text-align: center;"><b>10</b></p> <p style="text-align: center;">National Pack Your Lunch Day Make your child's lunch healthy. Make it fun by putting in a special note or surprise.</p>	<p style="text-align: center;"><b>11</b></p> <p style="text-align: center;">Johnny Appleseed Day Read about him &amp; have apples for desert. <a href="http://kids.bestapples.com/kids/teachers/johnny.shtml">http://kids.bestapples.com/kids/teachers/johnny.shtml</a></p>	<p style="text-align: center;"><b>12</b></p> <p style="text-align: center;">Plant a Flower Day A child loves to put his hands in the dirt. Plant together, even if it is just a flowerpot!</p>
<p style="text-align: center;"><b>13</b></p> <p style="text-align: center;">Daylight Savings begins.</p> <p style="text-align: center;">With your child, adjust the clocks in your home. Can he read a traditional clock?</p>	<p style="text-align: center;"><b>14</b></p> <p style="text-align: center;">Learn about Butterflies Day. Ask your child to draw herself as a butterfly. <a href="http://www.kidsbutterfly.org/faq">http://www.kidsbutterfly.org/faq</a></p>	<p style="text-align: center;"><b>15</b></p> <p style="text-align: center;">National Shoe the World Day. Many children have no shoes. Has your child outgrown some you can donate?</p>	<p style="text-align: center;"><b>16</b></p> <p style="text-align: center;">Do you have a supply of first-aid items? Bandages, antibiotic ointment, ice packs</p>	<p style="text-align: center;"><b>17</b></p> <p style="text-align: center;">Does your child know when why &amp; how To call 911?</p>	<p style="text-align: center;"><b>18</b></p> <p style="text-align: center;">Teach your child to be happy. She'll never know who is falling in love with her smile.</p>	<p style="text-align: center;"><b>19</b></p> <p style="text-align: center;">Does your child's bicycle helmet fit correctly?</p>
<p style="text-align: center;"><b>20</b></p> <p style="text-align: center;">Put a Parking Pal on each of your vehicles. It is your child's safe spot in parking lots. <a href="http://www.parkingpalagnet.com/">http://www.parkingpalagnet.com/</a> Spring begins</p>	<p style="text-align: center;"><b>21</b></p> <p style="text-align: center;">Take an infant &amp; child first-aid course. <a href="http://www.redcross.org/ux/take-a-class">http://www.redcross.org/ux/take-a-class</a></p>	<p style="text-align: center;"><b>22</b></p> <p style="text-align: center;">Check the emergency contacts at your child's school. Is the emergency list you leave for a sitter correct?</p>	<p style="text-align: center;"><b>23</b></p> <p style="text-align: center;">National Puppy Day Dogs give such unconditional love. Let your child pick something to donate to local shelter.</p>	<p style="text-align: center;"><b>24</b></p> <p style="text-align: center;">Does your child know what to do if he is lost in a store? <a href="https://www.kidpower.org/library/article/getting-lost/">https://www.kidpower.org/library/article/getting-lost/</a></p>	<p style="text-align: center;"><b>25</b></p> <p style="text-align: center;">Will your child need swimming lessons? Look now!</p>	<p style="text-align: center;"><b>26</b></p> <p style="text-align: center;">National Spinach Day It can be yummy! <a href="http://www.recipe4living.com/articles/top_10_kid_friendly_spinach_recipes.htm">http://www.recipe4living.com/articles/top_10_kid_friendly_spinach_recipes.htm</a></p>
<p style="text-align: center;"><b>27</b></p> <p style="text-align: center;">Talk to your child about being safe on the playground. <a href="http://playgroundsafety.org/kids/tips.htm">http://playgroundsafety.org/kids/tips.htm</a></p>	<p style="text-align: center;"><b>28</b></p> <p style="text-align: center;">All things are possible in the eyes of a child.</p>	<p style="text-align: center;"><b>29</b></p> <p style="text-align: center;">Buy your child his own cooking tools to help you!</p>	<p style="text-align: center;"><b>30</b></p> <p style="text-align: center;">National Walk in the Park Day</p>	<p style="text-align: center;"><b>31</b></p> <p style="text-align: center;">Walk with your child &amp; look for bird's nests. What would it be like to live in a nest?</p>	<p style="text-align: center;"><b>March 20<sup>th</sup></b></p>	<p style="text-align: center;"><b>March 27<sup>th</sup></b></p> <p style="text-align: center;">Playground safety</p>



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