

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	<p>2 Brothers & Sisters Day Are your children building a strong bond? A strong sibling bond is important for good mental health.</p>	<p>3 National Teachers Day Help your child write a note to his teacher. A thank you is always appreciated.</p> 	<p>4 Show your child how to blow bubbles!</p> 	<p>5 Cinco de Mayo Read about the meaning with your child. https://kidskonnnect.com/holidays-seasons/cinco-de-mayo/</p>	<p>6 Military Spouses Day A special thank you to those who keep the home together when the military calls.</p>	<p>7 Make some Cinco de Mayo Food! http://www.tasteofhome.com/recipes/holiday--celebration-recipes/cinco-de-mayo-recipes</p>
<p>8 Mother's Day Dads, show your children how much you appreciate the mothers in your lives. A mother's love is like no other.</p>	<p>9 Are there any end-of-the-year events at your child's school?</p> 	<p>10 Clean Up Your Room Day! <i>It can be fun, show your child how it's done!</i></p> 	<p>11 It is Mental Health Month. Can you identify moods & stress in your child?</p> 	<p>12 Know the signs for childhood depression & anxiety. http://kidshealth.org/parent/emotions/feelings/understanding-depression.html</p>	<p>13 Let's have breakfast for Dinner!</p> 	<p>14 Plant some vegetables together...In a pot or in the ground!</p> 
<p>15 Dads, paint rocks with your child as markers for your garden!</p> 	<p>16 Love a Tree Day. Talk with your child about what trees do for us!</p> 	<p>17 Has your child made social as well as educational goals this year?</p> 	<p>18 Visit a Relative Day With your child, call write or visit a relative you don't often see.</p> 	<p>19 Have your child tell you any new words he learned this week.</p> 	<p>20 Family is what happens when two people fall in love</p>	<p>21 Play a family word game. https://www.grammarly.com/blog/2015/five-fun-family-word-games/</p>
<p>22 Dads, read a book to your child that was your favorite as a child.</p> 	<p>23 What does your child want to be when she grows up? It can change daily!</p> 	<p>24 Have fun making Jigglers together. http://www.kraftrecipes.com/recipes/jell-o-jigglers-53920.aspx</p>	<p>25 National Missing Children's Day Do you have an ID kit if the unthinkable happens? https://www.childsafekit.com/</p>	<p>26 Has your child made any new friends this school year? Who?</p> 	<p>27 It is Foster Care Month <i>Explain to your child that some children can't live with their parents & how other families step in and love them.</i></p>	<p>28 A family photo album is a great way to bond. Work on one together.</p> 
<p>29 Dads, talk with your child about stranger safety & what to do if she gets lost. Need tips: http://www.ncpc.org/topics/violent-crime-and-personal-safety/strangers</p>	<p>30 Memorial Day Wear red, white & blue and make a picnic!</p> <p>http://www.parents.com/holiday/memorial-day/recipes/</p>	<p>31 Check your planted vegetables with your child. How soon will you eat them?</p> 	<p>Remember the moms on the 8th</p> 	 <p>On the 15th dads & kids paint garden rocks</p>	<p>Play games on the 21st</p> 	<p>Caring for a garden is a wonderful experience for a child.</p> 