

























Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p align="center"><b>7</b></p> <p align="center"><b>BUBBLE BATH DAY</b></p> <p>For kids, it's simple.... Just fill the tub with bubbles and toys. Then hop in and play!</p> 	<p align="center"><b>8</b></p> <p align="center"><b>NATIONAL STATIC ELECTRICITY DAY</b></p> <p>Look for ideas for your science project, help your children to develop the project for the school's science fair.</p> 	<p align="center"><b>9</b></p> <p>Play a game of "Simon Says" and see how well your child can follow directions</p> 	<p align="center"><b>10</b></p> <p align="center"><b>NATIONAL MILK DAY</b></p> <p>Discuss where milk comes from, drink a glass of milk.</p> 	<p align="center"><b>11</b></p> <p>Check out your school's newsletter or website to find out about upcoming activities and events</p> <p align="center"><b>Have You Heard?</b></p> 	<p align="center"><b>12</b></p> <p align="center"><b>Make Your Dreams Come True Day</b></p> <p>If you do not dream, you cannot have passion. Ask your child about his/her dreams.</p> 	<p align="center"><b>13</b></p> <p align="center"><b>Help a neighbor with a Home Improvement project, talk with your children about the importance of help and support your neighbors.</b></p> 
<p align="center"><b>14</b></p> <p align="center"><b>COOKING TOGETHER</b> Let your child plan a meal, then work together to prepare it.</p> 	<p align="center"><b>15</b></p> <p align="center"><b>Martin Luther King, Jr. Day</b></p> <p>Talk to your child about the role Dr. King played in History</p> 	<p align="center"><b>16</b></p> <p>Do you know what the PTA activities in your school are for this month?</p> <p align="center"><b>VIRGINIA PTA</b>  <i>every child, our voice</i></p> 	<p align="center"><b>17</b></p> <p align="center"><b>GO TO SCHOOL AND HAVE LUNCH WITH YOUR CHILD ONCE A MONTH</b></p> 	<p align="center"><b>18</b></p> <p align="center"><b>NATIONAL POPCORN DAY</b></p> <p>Make and eat popcorn. Pretend you are at the movies! Jump around and pretend you are popcorn kernels popping. Talk about the texture and taste of popcorn</p> 	<p align="center"><b>19</b></p> <p>Has your child been doing homework each day? If so congratulate him or her.</p> 	<p align="center"><b>20</b></p> <p align="center"><b>NATIONAL HUGGING DAY</b></p> <p>Give your child a hug and let your child hug you.</p> 
<p align="center"><b>21</b></p> <p align="center"><b>HAVE A MUSIC NIGHT</b></p> <p>Each person sings or plays a recording of a favorite song</p> 	<p align="center"><b>22</b></p> <p align="center"><b>PRAYSE YOUR CHILD FOR TRYING SOMETHING NEW</b></p> 	<p align="center"><b>23</b></p> <p align="center"><b>ASK YOUR CHILD'S TEACHER WHAT YOU CAN DO AT HOME TO HELP YOUR CHILD DO BETTER AT SCHOOL</b></p> 	<p align="center"><b>24</b></p> <p align="center"><b>HAVE YOUR CHILD READ ALOUD TO YOU EVERY NIGHT OR READ ALOUD TO YOUR CHILD AND TALK ABOUT IT</b></p> 	<p align="center"><b>25</b></p> <p align="center"><b>THINK OF WAYS YOUR FAMILY CAN PRODUCE TRASH AND HELP PROTECT THE ENVIRONMENT</b></p> 	<p align="center"><b>26</b></p> <p align="center"><b>CHOCOLATE CAKE DAY</b></p> <p>Try different recipes, cook with your child and have fun eating chocolate.</p> 	<p align="center"><b>27</b></p> <p align="center"><b>FAMILY WORK OUT DAY</b></p> <p>Go with your children to a park and play ball, walk, run or swing.</p> 
<p align="center"><b>28</b></p> <p align="center"><b>NATIONAL PUZZLE DAY</b></p> <p>Work a puzzle together</p> 	<p align="center"><b>29</b></p> <p align="center"><b>VOLUNTEER</b> Ask, "What can I do that would be of help to you?" Let the teacher know how much time you have available. She'll appreciate your effort to reach out.</p> 	<p align="center"><b>30</b></p> <p align="center"><b>HAVE A FAMILY MATH NIGHT.</b> Plan on 30 minutes. Ask your child's teacher for games to practice math</p> 	<p align="center"><b>31</b></p> <p>Check Out Your School's newsletter or website to find out about upcoming activities and events. Where can you volunteer?</p> 