







SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			<p><b>1 Visit Your Local Fire Dept.</b></p>  <p>Bring them some homemade goodies and a thank you card!</p>	<p><b>2 National Ice Cream Sandwich Day!</b></p> <p>Get that cookie recipe out and bake away- remember to let the cookies cool completely before dipping the ice cream.</p>	<p><b>3 Virginia Tax Free Holiday Begins Today!</b></p> <p>The start of the new school year is quickly approaching. Begin getting needed school supplies.</p>	<p><b>4 World War I began today in 1914</b></p> <p>Rent a documentary from the library &amp; watch it with your children to learn more about The Great War.</p>
<p><b>5 Pack a Picnic Lunch and Head to the Park.</b></p> <p>Toss in a blanket, frisbee, and maybe a deck of cards and head out</p>	<p><b>6 Go for a walk with your children after the sun sets. Look at the stars &amp; enjoy a break from the scorching sun</b></p>	<p><b>7 Freebie Frenzy</b></p> <p>Get on your local visitors and conventions bureau Web site. Search for possibilities such as free movie nights or free or low-cost tickets for</p>	<p><b>8 PARK PASSPORTS</b></p> <p>Go to all the parks within a 15 mile radius and choose which one is your favorite. Make a "Park Passport" and check each park off as you visit it.</p>	<p><b>9</b></p> <p>Become a Pen-Pal with a Soldier or send soldiers a care package. A great website to get you started: <a href="http://www.ehow.com/how_5119420_pen-pals-soldier.html">http://www.ehow.com/how_5119420_pen-pals-soldier.html</a></p>	<p><b>10 National S'mores Day</b></p> <p>Just Chocolate, Marshmallows and Graham Crackers. No bon fire no worries toast them in the oven or micro wave, they will still taste great and leave you wanting S'more!</p>	<p><b>11 HAVE A FAMILY DAY</b></p> <p>Drive to somewhere within reasonable driving distance (one to three hours). Travel to somewhere different explore and have fun as a family</p>
<p><b>12 Middle Child Day!</b></p> <p>Give well deserved recognition to the wonderful middle child in the family. Use this day as an opportunity to tell your middle child how much you love and appreciate them.</p>	<p><b>13 Left-Handers' Day!</b></p> <p>Famous left-handers include Babe Ruth and President Obama. Today, try to do things with your left hand. Then do something nice for a Lefty's</p>	<p><b>14</b></p> <p>Many schools begin Next month If you have questions regarding the start date, contact your school or look it up online.</p>	<p><b>15 Nat'l Relaxation Day!</b></p> <p>Though stress is normal, too much can be harmful to your health. Today, take some time to sit back and relax with your family. Read a book, watch a movie, or take</p>	<p><b>16 Nat'l Eye Exam Month!</b></p> <p>With the school year just around the corner, now is a good time for parents of children who are exhibiting eye trouble to take them to a local pediatric Ophthalmologist.</p>	<p><b>17 Wet 'n' Wild Time!</b></p> <p>When the weatherman predicts hot and steamy weather, host an old-fashioned sprinkler party. It's fun, inexpensive and always a blast. Ask neighbors, friends and relatives to bring different kinds of sprinklers, water guns and slides, and fill up water balloons</p>	<p><b>18 PITCH A TENT IN THE</b></p> <p>Grab some snacks and a blanket. Take some books along and read to each other. Tell stories (scary or other). Play board games. Don't forget</p>
<p><b>19 A Broadway Play</b></p> <p>Have the kids write, produce and put on a play. Check out library books on plays and theater, and have them encourage friends to</p>	<p><b>20 Many teachers ask parents to visit the classroom before school starts. Be sure to make this meeting!</b></p>	<p><b>21 Treasure Hunting</b></p> <p>Hide a small trinket somewhere in the yard and leave clues such as a map for your kids to figure out where the "treasure" is hidden</p>	<p><b>22 BE AN ANGEL DAY! DO ONE SMALL ACT OF KINDNESS FOR SOMEONE</b></p> 	<p><b>23 Talk to your children about their plans for the upcoming school year. Do they want to play sports? Are they nervous about their teacher?</b></p>	<p><b>24 National Waffle Day!</b></p> <p>The first Waffle iron was patented on this Day in 1968. Do something different try Waffles for Dinner with Chicken!</p>	<p><b>25 HAVE A BACKYARD BBQ</b></p> <p>Invite friends your child hasn't seen all summer. It will help get them excited to go back to school.</p> 
<p><b>26</b></p> <p>Have a cupcake decorating contest. Bake some cupcakes and then set out all different colors of frosting, sprinkles, and other toppings. Have fun!</p>	<p><b>27 Make Ice Cream in a Bag Using 4 simple ingredients that you might already have in your Kitchen follow the link for the recipe: <a href="http://familyfun.go.com/recipes/homemade-ice-cream-in-a-bag-684806/">http://familyfun.go.com/recipes/homemade-ice-cream-in-a-bag-684806/</a></b></p>	<p><b>28</b></p> <p>Martin Luther King, Jr. gave his "I have a dream" speech in 1963. Look online for a clip &amp; share his inspirational message with your children.</p>	<p><b>29 Memory Makers</b></p> <p>Start a scrapbook. Let the kids take photos of anything using a digital camera and their imagination. Have them work on their scrapbook each week.</p>	<p><b>30 National Toasted Marshmallow Day!</b></p> <p>Grab a stick and a bag of marshmallows and head outside to toast some marshmallows. Gather family and friends to exchange memories. Summers almost</p>	<p><b>31 Many teachers ask parents to visit the classroom before school starts. Be sure to make this meeting!</b></p>	