




	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
	1 It's <i>American Red Cross Month</i>. Learn what you can do to support an important cause.	2 Read Across America Day/ Dr. Suess' Birthday Take turns reading your child's favorite Dr. Suess book	3 Shoes that fit properly are important to your child's health. Do a shoe-check 	4 Have a compliment party! Each family member says one positive thing about the family member sitting closest to them.	5 Make puppets out of lunch bags, old socks, and wooden clothespins. Put on a puppet show.	6 March is Poetry Month! Check out some Shel Silverstein poetry books at the library. Children love his weird sense of humor!	
	7 Make up a family password that only your family members know to use in case of an emergency	8 Make ice cube popsicles with fruit juice. They are healthy and delicious.	9 Ask your child about their favorite memory. Share one of your favorite memories. Tell why it's a favorite memory.	10 Do you know what your kids are eating for lunch? Make sure you have a menu	11 Johnny Appleseed Day Read a book about Johnny Appleseed. Eat an apple for a snack.	12 String popcorn and place on a tree for the birds.	13 Go for a walk and take pictures of nature scenes.
	14 Daylight Savings Time begins Remember to set your clocks ahead 1 hour. Ask your child to help!	15 "Beware the Ides of March ." Have your children look up who said that and why.	16 Ask your child to help do laundry. Kids can help at any age.	17 It's St. Patrick's Day - the one day of the year everyone is a little bit Irish!	18 Make a "birthday flag" to use for the next family birthday!	19 Make a favorite snack, such as homemade Chex mix, together. 	
	21 While Spring cleaning, go through your child's gently used toys to see if there are any they would want to give away.	22 Both children and adults benefit from exercise. Ride bikes before dinner.	23 Log on to www.peatc.org for helpful parenting tips. Check out our training calendar for <u>free</u> parenting workshops	24 Create a creature out of empty boxes of all shapes and sizes. Oatmeal and salt containers work well.	25 Spring break is approaching. Start making Plans	26 Have a Friday night reading party together. Make popcorn and read together.	27 Go on a breakfast picnic. If the weather does not permit you to go outside, put a blanket on the floor
	28 Organize family photos by date or event. Talk to your child about special memories while looking at the pictures.	29 Find out if there are any events going on in your community to attend this week.	30 Make a list of all the things in your house that use electricity. Talk about ways your family can save electricity.	31 Plant flowers in your front yard or in a window box.			