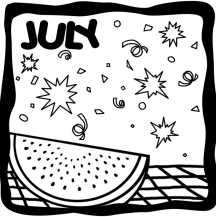












Parent Involvement Activity Calendar

JULY 2010

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	<p>July will focus on places & events in Virginia that you can visit with your child. Experiencing new things is important for brain development.</p>			<p>1 Plan a trip in July to one of the 35 State Parks around Virginia. There are many cool things to see and do with your child. www.dcr.virginia.gov</p>	<p>2 Belle Isle State Park Roast marshmallows as you listen to tall tales around a campfire. You'll hear some old favorites and some new stories you are sure to enjoy.</p>	<p>3 Tree Cookies at Claytor Lake State Park Meet at the Beach to learn how trees grow and make your own tree cross section.</p>
<p>4</p> 	<p>5 Make sure your child knows how to swim. Contact the Red Cross or YMCA for classes or the name of a certified trainer.</p>	<p>6 When you are in the car or on the bus, count all the green cars you see.</p> 	<p>7 Go outside after it turns dark and look for lightning bugs!</p> 	<p>8 Wonder Bugs at First Landing State Park Meet at the Picnic Shelter Join a Park Interpreter for nature themed hikes, stories, and crafts .</p>	<p>9 National Chocolate Ice Cream Day. Add some sprinkles, whipped cream and hot fudge to make a sundae</p>	<p>10 Heart of Appalachia Tazewell - Thistle Cove Farm is a working farm that breeds American Bashkir Curly horses and Romney & Shetland sheep. Farm tours and special events are scheduled throughout the year, such as sheep shearing demonstrations, workshops and craft classes, harvest and heritage festivals</p>
<p>11 Visit a Virginia Farm for a Day If an overnight farm stay is more hands-on and "in the thick of it" than you wish to be, visit a farm for a day!</p>	<p>12 Make fruit soup: blend cantaloupe, peaches and fruit juice. Float frozen berries on top.</p>	<p>13 National Doughnut Day - Stop by your local bakery for a special treat or tomorrow's breakfast. Let your child pick out his/her favorite</p> 	<p>14 Enjoy laser fireworks in the cool of the Virginia Living Museum's Abbitt Planetarium</p> 	<p>15 What is the weather like today? Make a picture together of the weather.</p>	<p>16 Hungry Mother Arts and Crafts Festival at Hungry Mother State Park. Take in demonstrations, children's activities, live entertainment and food</p>	<p>17 Baby Pet Parade at Old Mine Ranch Dumfries, VA. Kids will love feeding the lambs, kids, sheep, goats, chicks, ducklings and rabbits as well as enjoying pony rides, moon bounce, hayride, Train Ride, and Golf-Cart River Ride.</p>
<p>18 July is also National Ice Cream Month! Show your child how to make homemade ice cream, or go out and buy supplies for sundaes!</p>	<p>19 Visit the library. Look for books about summer time.</p> 	<p>20 Read one of the library books you chose yesterday.</p> 	<p>21 Show your child how a caterpillar changes into a butterfly or moth. All you need is a caterpillar, jar, some grass, drops of water and patience.</p>	<p>22 Eat watermelon together. Count the seeds in your slice of melon.</p> 	<p>23 Have an indoor picnic. Spread a blanket on the floor and eat treats together.</p>	<p>24 Wonder Bugs at First Landing State Park Join a Park Interpreter for nature themed hikes, stories, and crafts specifically designed for ages 2 to 6.</p>
<p>25 Free Sunday Summer Concerts in the Park Mclean, Va. Central Park <i>Bring your picnic, your dog and your dancing shoes. Air guitars provided</i></p>	<p>26 Keep reading with your child all summer. A story is a great way to end the day.</p>	<p>27 Eat dinner with your children. Let your child choose one food item to prepare.</p>	<p>28 Look for summer flowers when you are out and about. What colors do you see?</p>	<p>29 Take a "touch walk." Touch the trees, the grass, buildings, everything!</p>	<p>30 George Washington's Ferry Farm is the boyhood home of our nation's first president. a Get a self-guided tour of the farm, which is located on the banks of the Rappahannock River.</p>	<p>31 Bat Kapers at Douthat State Park Stop by to have some fun, make something neat and learn about bats before you are done.</p>