VSPEC
3rd Annual (Virginia Statewide Parent Education Coalition) Conference

Parent Education ~ An Anchor for Virginia’s Families
Friday, December 4, 2009 ~ 8:30am - 4:00pm
Holiday Inn Hotel & Suites Gateway, 515 Bypass Road Williamsburg, VA 23185

AGENDA

8:30 am  Registration and Continental Breakfast
9:00 am  Welcome & Introductions ~ Johnette Walker (PEATC)
9:10 am  Opening Remarks ~ VSPEC Co-Chairs ~ Bethany Geldmaker (VDH) & Johanna Schuchert (PCA
9:30 am  Presentation ~ Van Rose ~ “Today Matters”
   Van Rose shares his deepest joys, sorrows and experiences over the years that have made a difference in the lives of his audiences. His talk will spark a new and positive energy that will carry over into your personal and work lives.
10:20  Break
10:30 am  Introduction of Keynote ~ Sam Fabian (CHKD)
10:40 am  Keynote Address ~ Mary Sheedy Kurcinka ~ Director~Parentchildhelp.com
11:45 am  Q&A
12:00 pm  Networking Lunch Break
1:00 pm- 4:00pm  Interactive Learning Sessions
   1:00pm-2:15pm  1st Session
   2:15pm-2:30pm  Break/Transition for All
   2:30pm-3:45pm  2nd Session
3:45-4:00pm  Conference Evaluation & End of Conference
#1) Mary Sheedy Kurcinka - The Spirited Child: Secrets to Effective Discipline
How do you discipline a child who refuses to take “no” for an answer and seems to know the perfect trigger to “push your buttons?” What strategies work with a child who can feel the seams in socks and refuses to wear them or one who “loses it” because there is a change in plans? What do you do when he’s having difficulty listening or staying focused? Is there a way to survive and even enjoy life with a spirited child?

Join Mary Sheedy Kurcinka to discover:
- What makes kids spirited;
- Techniques that help you identify and focus on this child’s strengths;
- Effective discipline strategies for stopping challenging behaviors;
- Tools for teaching this child essential life skills, such as managing intensity, coping with change, and working with others;
- How to plan for success and create an environment where the spirited child thrives;
- An appreciation for the joy and excitement of life with the spirited child.

#2) Supporting Families During Times of Separation and Loss
How to help providers understand the impact on the family and family structure and how to support families facing issues such as:
- Divorce and Separation - physical and mental effects on children
- Parenting in the Military and Families with a Deployed Loved One
- Grieving families

#3) Communicating With Love
Learn how to identify and apply different communication styles to build a better relationship with your child using the ideas discussed in the book the Five Love Languages of Children. Learn what motivates your child and how to enhance cooperation.

#4) Navigating Through the Resources; Finding Help and Support
How to support families in navigating through the various resources available.
Includes - Special Needs Families ~ transitioning from home care into educational system~ what are the parent’s rights?