



FAMILY AND YOUTH LEADERSHIP SUMMIT MAY 2, 2015

SCHEDULE OF EVENTS

*Please note that events may change.

8:00am - 9:00am Check In
Continental breakfast being served

9:00am - 9:15am Welcome

9:15am - 10:45am Plenary Session: *Interagency Perspectives on Children's Services and Systems of Care*

Representatives from several child serving agencies will share updates and other pertinent information related to their respective agencies' efforts to support children, youth, and families. Audience members will also have the opportunity to ask questions of the panelists.

10:45am - 11:00am Break

11:00am - 12:00pm Concurrent Workshops

Workshop A: *It's a Big Deal: Using Psychotropic Medications with Children and Youth*, Presented by Pat Hunt, National Director, Child and Family Resiliency, Magellan Healthcare

This workshop will provide information relevant to helping families and youth make informed decisions. It will offer an opportunity for dialog and shared experiential learning.

Workshop B: *Navigating the System*, Presented by Cristy Corbin, Parent Support Specialist, UMFS

This workshop gives an overview of services available and how to access them, as well as other important tips to have as you navigate the system for your child. This workshop can be customized for both professionals and parents.

12:00pm - 2:00pm Lunch and Keynote Session

Parent and Youth Support: What's the Big Deal?, Presented by Millie Sweeney, Family Solutions Consulting, and Johanna Bergan, Executive Director, Youth MOVE National

Ms. Sweeney and Ms. Bergan are leaders in the national family and youth movements and bring a wealth of knowledge and experience on building family and youth organizations. They will share the latest national trends and updates, as well as ideas and strategies on how you can help move Virginia's family and youth movements forward.

2:00pm - 2:15m Break

2:15pm - 3:15pm Concurrent Workshops

Workshop C: *Crisis Planning for Families*, Presented by Audrey Brown, Parent Advocate

This workshop walks families through the development of a crisis plan. It also provides tips and other steps to think about before the crisis, during the crisis, and after the crisis.

Workshop D: *Transition Planning*, Presented by Kelly Henderson, Executive Director, Formed Families Forward

This workshop will cover many of the basics of transition preparation and planning, as outlined in the guide, "Dude, Where's My Transition Plan?", published by Formed Families Forward and the Parent Parent Educational Advocacy Training Center (PEATC).

3:15pm - 3:45pm Premiere of *NAMI Say It Out Loud*

NAMI Say It Out Loud is NAMI's latest initiative to promote mental health awareness among youth and young adults. The initiative includes a video and toolkit that encourages youth to have conversations about mental health and the importance of speaking up. We show the video and share how you can get the toolkit into your community.

3:45pm - 4:00pm Closing Remarks