

Homework Tips

A PEATC

Do You Know

Factsheet for Virginia's Youth brought to you by Virginia's Youth

Special thanks to the members of PEATC's Youth Advisory Board for their expertise!

"Success is nothing more than a few simple disciplines, practiced every day."

-Jim Rohn

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Making Homework Time Less Stressful

Sometimes homework can seem overwhelming. Especially after coming home from a long day at school when all you want to do is relax! Here are a few tips that you can use to make homework time more enjoyable and hopefully take less time.

Get organized

Organize all of your materials, books, notebooks, etc.

Choose and use a timer

Work with your parents and decide the amount of time that you'll use for homework. Set a timer so you'll know when to stop. Choose to study during the time of day or night when you are most alert.

Color code

Use a color-coding system to organize materials for each subject.

Record assignments

Use an assignment notebook to record all homework and long-term projects.

Use checklists

It feels great to cross a task off your list! Making a checklist can help you keep track of what needs to get done.

Think small

Remember to break-up long-term assignments into small, manageable, working sections in your daily homework schedule.

Create a homework station

Find a comfortable place in your house where you can keep all your supplies. This will help to focus on your work.

Keep an extra textbook at home

Having access to your textbook at home for reference can be a big help when doing homework.

Take breaks

Take scheduled breaks during long homework assignments.

Double-check your work

Make sure to check your assignments for errors before turning them in to your teacher.

Take advantage of resources

Ask teachers, parents, and tutors for extra help and clarification.

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