



## Attention

### Parents of Young Adults (with or without disabilities) Who are Having Difficulty with Their Transition to Independent Living:

IF you have a young adult experiencing any of the following issues:

- Inability to leave home and begin journey towards independence?
- Excessive time spent alone?
- Dropping out of college or workforce?
- Struggling with personal preparation for independent living (college, career, or technical school)?
- Exhibiting signs of lack of motivation in various aspects of life including social, career, school?

**You are invited to participate in a pilot research study** designed to better understand the issues and challenges young adults face related to transitioning to independence.

Your experiences, positive and negative, will support development of interventions and strategies that support transition and effective coping.

If you decide to participate, you will participate in an audiotaped interview lasting approximately 45 minutes, which will be scheduled at a time and place that is most convenient for you.

All participant names and interview responses will be kept confidential, shared only with the researchers.

#### **Please Contact Researchers:**

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\*\*As a thank you for your participation, you will receive a  
**30-minute complimentary coaching session**

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