

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						NATIONAL FREEDOM DAY Celebrate as a family the freedoms we enjoy as U.S. citizens, freedoms we would never take for granted. 
GROUNDHOG DAY Will he see his shadow again? 	Before Oprah and Michael Jordan, Robert Johnson became the first African American billionaire when he sold the Black Entertainment cable station he founded. 	WORLD CANCER DAY Raising awareness about prevention, detection, and treatment. Your life matters! 	NATIONAL WEATHERMAN'S DAY 	NATIONAL FROZEN YOGURT DAY Let your child pick a new favor for the family to try together. 	NATIONAL WEAR RED DAY A day to raise awareness of women's heart health. Self-care is important! 	NATIONAL BOY SCOUT DAY Celebrate the birthday of scouting in America. 
Jack Johnson became the first African American man to hold the World Heavyweight Champion boxing title in 1908. 	NATIONAL UMBRELLA DAY As part of many cultures since ancient times, umbrellas have a storied history worth celebrating. 	SAFER INTERNET DAY Talk with your child about how to be safe while on the internet. 	ABRAHAM LINCOLN'S BIRTHDAY President Abraham Lincoln was the 16 th President of the United States. Was born in Hardin County, Kentucky. 	READ YOUR CHILD THEIR FAVORITE BEDTIME STORY. 	VALENTINE'S DAY Celebrate this day making a card for your friends and family. 	John Mercer Langston was the first African American man to become a lawyer in 1854 and the first Dean of the Law School at Howard University. 
NATIONAL ALMOND DAY Toss them in a salad or put them on top of your favorite ice cream. 	PRESIDENT'S DAY This day is known as Washington's Birthday. It is a federal holiday and takes place the third Monday in February. 	Thurgood Marshall was the first African American ever appointed to the U.S. Supreme Court. 	MAKE A PAPER AIRPLANE Color it with your child and explore places you want to visit as a family. 	NATIONAL MUFFIN DAY What's your favorite muffin? 	Madam C.J. Walker created hair products for African American hair and was one of the first American women to become a self-made millionaire. 	NATIONAL WALK YOUR DOG DAY As you walk have your child count how many houses you pass. Practicing math can be done anywhere. Have fun! 😊
WATER CHECK Health authorities recommend eight 9-ounce glass, which equals about 2 liters, or half a gallon. 	NATIONAL TORTILLA CHIP DAY This would be a great time to share nachos with your child. 	FAMILY OUTING Take a drive as a family just to spend time together. 	IEP CHECK Are there any additional support or services your child needs? 	NATIONAL CHILI DAY Let your little one help you make a pot of chili tonight. 	NATIONAL CHOCOLATE SOUFFLE DAY What a way to end the month. Enjoy a chocolate souffle with your child. 	Think of something fun you can do next month as a family. This will give your children something to look forward to next month.



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